



National Center for Advancing  
Translational Sciences

# GENETIC AND RARE DISEASES Information Center



Your source for reliable information on rare diseases.  
GARD offers:

- Disease information pages for more than 6,500 rare diseases where you can find information in plain language and links to resources for support, genetic testing, research, and more.
- Information Specialists to answer your questions and direct you to helpful resources.

<https://rarediseases.info.nih.gov/>

## How can GARD help?

### Patients and caregivers:

- Medical information in easy-to-understand language in English and Spanish
- Referrals to patient advocacy groups for information, support, and more
- Guides on frequently asked questions, including:
  - How to Find a Disease Specialist
  - Tips for Finding Financial Aid
  - Tips for the Undiagnosed
  - And more

### Healthcare professionals:

- Printable disease information pages for your patients in English and Spanish
- Resource lists curated for each rare disease, including: patient organizations, FDA approved treatments, genetic testing, clinical trials, etc.
- Guides include:
  - Caring for Your Patient with a Rare Disease
  - ICD Coding for Rare Diseases

GARD can also help researchers, teachers, students, and the public with disease information and resources about rare diseases.



## Get the information you need!

Visit our website to access our A-Z library of information:

**<https://rarediseases.info.nih.gov/>**

### Need extra assistance?

Get in touch with a GARD Information Specialist:

**Phone:** 888-205-2311

**Online:** <https://rarediseases.info.nih.gov/about-gard/contact-gard>

**Mail:** Genetic and Rare Diseases Information Center  
P.O. Box 8126, Gaithersburg, MD 20898-8126